



Welcome to WellBeing NP – Patient Onboarding Guide

Thank you for choosing WellBeing NP. We're honored to support you on your mental health journey. This guide will help you prepare for your first appointment and know what to expect as a new patient.

How It Works

Our process is simple, supportive, and designed with your comfort in mind:

1. Schedule your appointment – Use our secure scheduling portal.
2. Complete your intake forms – Digital forms will be sent to you.
3. Meet your provider – Join your confidential telehealth visit via Charm EHR.

Your First Appointment

- A comprehensive psychiatric evaluation
- Review of your medical and mental health history
- A discussion of treatment options (therapy, medication, supplements)
- Time to ask questions and explore care decisions together

Getting Ready for Your Virtual Visit

- Find a quiet, private space
- Ensure a strong internet connection
- Have your medication list and relevant history ready
- Use the secure, HIPAA-compliant link sent before your visit

Payment and Insurance

We accept Blue Cross Blue Shield, UnitedHealthcare, Aetna, and Cigna (provider-specific). If you're not using insurance, our self-pay rates are:

- Initial Psychiatric Evaluation: \$300
- Follow-up Medication Management: \$150

Payment is due at the time of service.

Superbills for Out-of-Network Reimbursement

If your insurance plan offers out-of-network benefits, we're happy to provide a superbill—a detailed receipt you can submit for potential reimbursement. We recommend checking with your insurer about coverage.

Your Privacy

Your privacy is protected. All care is provided using HIPAA-compliant platforms. Your personal information and health records are kept confidential.

Contact Us

If you have questions before your first appointment, feel free to reach out.

Email: lfuson@wellbeingnp.com

Phone: 470-713-0525